



## ***Women's Inner Wisdom Coaching Group***

### **Deepen into your journey!**

**Join this value-packed three-month coaching program with certified coach, Susie Kincade.**

### **HERE'S WHAT YOU'LL RECEIVE:**

Gain confidence and direction in your life's journey. You'll learn positive, empowering perspectives in the STEP INTO YOU personal coaching program. Here's a sample of them:

- Discover Parts Work – learn about all the facets of yourself and how they can support you and sabotage you. Make this self-awareness tool your strongest ally.
- Define, Refine your Goals
- Move into intentional ACTION!
- Work with Change – identifying the beliefs and assumptions that hold you back.
- Begin and/or strengthen your mindfulness meditation practice
- Create your own personal Unique Values and Beliefs and live into them
- Explore your Life Purpose
- Use nature as your ally and teacher

### ***HOW DO I BECOME SOVEREIGN OVER MY EMPOWERED LIFE?***

This is a Journey – *YOUR* Journey. While we'd love to find that illusive silver bullet, it doesn't generally happen that way. As we commit to our journey though, we invite lots of magic to appear – help and guidance with the intention of growth and blossoming. You'll have lots of support from group members and from me to encourage you to meet your goals and keep your motivation and momentum.

When you commit to this program for 3 months, you'll receive all these value-packed gifts:

- ❖ **6 hour-long group coaching calls – two each month**
- ❖ **3 private 60 minute Coaching calls – one each month**
- ❖ **4 hours nature connection coaching (in one or two in-person or virtual sessions)**
- ❖ **Weekly access to Susie via email for personal support as needed**
- ❖ **Weekly accountability partner meetings**
- ❖ **Powerful Skills for your lifetime!**
- ❖ **FaceBook private discussion group to support each other between meetings**
- ❖ **10 % off one domestic Women's Empowerment Retreat within 1 year**
- ❖ **Recordings of all the Coaching Calls within 48 hrs of the call**
- ❖ **Optional add-on: Gathering at Eloheh Retreat Sanctuary in Eagle, CO for river play and deep nature connection. Aug/Sept. dates available.**

## GETTING RESULTS!

When you invest in your personal growth, you focus on Purpose. That intention leads to results! I've watched many clients find their inner devotion to their dreams – and in this process of discovery, reflection, increased awareness and bountiful support, find the deep meaning and joy they've longed for.

## Join this 3-month group coaching program. Continue to awaken and grow into the wholeness of YOU.

Joining this 3-month program is making a commitment to YOU! When you commit to doing the inner work, you'll receive the gifts and see the results towards your most authentic and empowered life. What is that worth? I want this to be an affordable decision – an easy decision. I want this to be a choice that you find flow and ease with so I have created a package that greatly reduces the cost of coaching for you.

### ONLY \$250/month

#### Option One (Save the Most!):

PAY IN FULL – SAVE \$50!

#### Option Two:

MONTHLY BILLING STATEMENTS

*\*\*1st payment due upon registration\*\**

*(Individual Payment Plans will also be considered)*

### Step Into YOU Call Schedule — Tuesdays, 6:30pm Pacific / 7:30 pm Mountain

(Dates may change for group needs)

March 7 & 13

April 11 & 25

May 9 & 23

**REGISTER NOW TO GO FORWARD WITH STRENGTH, COURAGE AND WISDOM!**

## STEP INTO YOU!

Contact Women's Empowerment Workshop by Feb. 28

970-328-5472 or [susie@womenempower.us](mailto:susie@womenempower.us)

*Please note that personal, individual coaching is also available. Contact Susie Kincade for a consultation about one-on-one coaching.*

**HERE'S TO SUPPORTING YOUR JOURNEY!**